

NIKE LACROSSE CAMPS

750 Lindaro Street, Suite 220 - San Rafael, CA 94901
1-800-NIKE CAMP - USSportsCamps.com



NIKE BLUE DOG LACROSSE CAMP



ENDICOTT COLLEGE
Beverly, MA
Girls : Ages 10 - 18

US SPORTS CAMPS INC.

Operators of the Nike Sports Camps



USSC proudly presents the *Nike Blue Dog Lacrosse Camp*, a three night/four day complete skills program designed for girls ages 10-18. Our goal is to stimulate a love for the game of lacrosse by immersing you in the sport and giving you the kind of focused, intensive training essential to improvement. Over the course of camp, your enthusiasm and self-confidence will grow along with your skills.



CAMP DIRECTOR

Directing the camp is **Stacey Freda**, Farmington High School's Head Lacrosse Coach. In 2007, Coach Freda guided her team to a second consecutive undefeated 25-0 record and Mass Division 1 State Championship. Currently, her team is on a 50+ game win streak and has won the Bay State League Championship the last four seasons. Over the past 6 years, Coach Freda has compiled an overall record of 112-20-8 (.848%) and has won three consecutive Bay State League Championships as well as three consecutive Division 1 North Section Championships. Stacey was named the Boston Globe and Metro West Daily News "Coach of the Year" in 2003.

In addition, Stacey is a member of the Pinkerton Academy and Plymouth State College Athletic Hall of Fame. She also serves as Assistant Camp Director for the Nike Blue Dog Field Hockey Camp.



CAMP SETTING



Endicott College, a scenic campus located on the coast just north of Boston, is the perfect setting for the Nike Blue Dog Lacrosse Camp. This location provides excellent facilities and the perfect environment for campers to further develop their skills and love of the game.

CAMP HIGHLIGHTS

- Complete Skills Camp for girls ages 10-18
- Superior instruction from excellent coaches
- 8:1 camper to instructor on field ratio
- Daily emphasis on fundamentals, positional training, drills and scrimmages
- Special goalie programs
- Reversible mesh Nike practice jersey
- Nike and STX Prizes for outstanding play, sportsmanship and improvement

TYPICAL DAILY SCHEDULE

(DOES NOT APPLY TO FIRST OR LAST DAY)

- 7:30 Breakfast (Overnight campers only)
- 9:00 Ext. Day campers arrive/Stretch
- 9:15 Instructional stations
- 10:30 Lecture
- 11:00 Team concepts
- 12:00 Lunch, rest
- 1:00 Team practice
- 2:00 Lacrosse games
- 3:00 Drills, stations
- 4:00 Skill contests
- 5:00 Free time
- 5:30 Dinner
- 6:30 Back to field, team games
- 9:00 Extended Day campers depart
- 10:00 Overnight campers to rooms; Lights out!



CAMP DATES & PRICES

JUNE 23 - 26, 2008

Overnight Camp: \$535
Extended Day Camp: \$435

Camp starts Monday afternoon and ends Thursday afternoon. Overnight camp includes the instructional program, all meals and housing. Extended Day Camp runs from 9:00am-9:00pm and includes the instructional program, lunch and dinner.

Group Discounts Available!

5 or More = \$25 off per camper

All applications and payments must be mailed or faxed in together, as a group, to receive the group discount.

IT'S EASY TO ENROLL...

- Phone **1-800-NIKE CAMPS** (1-800-645-3226)
- Fax **415-479-6061**
- Online **USSportsCamps.com**
- Mail **750 Lindaro Street, Suite 220, San Rafael, CA 94901**

For immediate confirmation: Enroll by phone or online and receive immediate confirmation. If you choose to register by mail or fax, please complete the attached application form. We will send a confirmation to you after your application is processed.

Payments: A minimum deposit of \$250 or full payment (if camp price is less than \$250) is required for registrations made before May 14, 2008. A payment by VISA or MasterCard is required if you register by phone, fax or on-line. Full payment of registration fees is required after May 14, 2008. We cannot allow campers into camp before all fees have been paid. We accept registrations right up to the start of camp where openings exist.

Cancellations: If you have to cancel, for any reason, we will issue you a camp credit for all camp fees paid, valid through 2009. Your camp credit is transferable to a family member and may be used for any Nike Lacrosse Camp. Cash refunds will be given only with the purchase of Refund Protection (see below).

Campers who leave camp during their session, will receive a pro-rated camp credit, valid through 2009. Campers who do not check-in and attend their registered camp session will receive a camp credit for all camp fees paid, valid through 2009.

Refund Protection: US Sports Camps offers our camp families Refund Protection for \$40 per session, due at the time of registration. Refund Protection entitles you to a full refund of camp fees (deposit or full payment) if you cancel for any reason before June 1st, 2008. Please note: \$40 Refund Protection fee is non-refundable.

With Refund Protection, if you cancel after June 1st, 2008, we will issue you a camp credit for all camp fees paid, valid through 2009. Your camp credit is transferable to anyone and may be used for any US Sports Camp.

NIKE BLUE DOG LACROSSE CAMP

Endicott College (LXGREC) 

Camper's First Name _____ Last _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work/Cell _____

Date of Birth _____ Position _____

Email (must be able to accept attachments) _____

Name of Team _____ Beginner/Youth/JV/Varsity _____

JUNE 23 - 26 Overnight Extended Day

Roommate Request _____

Payment Information

Person Paying _____

Address (if different) _____

Method of Payment: Visa Mastercard Check
 Deposit Full Payment

Card # _____

Exp. Date _____ Please add \$40 per session for Refund Protection
 Please Charge the remainder on May 14, 2008

By submitting this application to US Sports Camps, Inc, I affirm that I have read and agree to the US Sports cancellation policy and hereby accept the terms of enrollment described in this brochure. Furthermore, I agree to pay all camp fees and authorize US Sports Camps to charge my credit card (if applicable).

Signature _____

Make check payable and mail to:
USSC/NIKE Lacrosse Camps
750 Lindaro St., Suite 220, San Rafael, California 94901
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